

# Worldwide Ayurveda Propagation

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(During last 35 years of Ayurveda Propagation around the World we visited 75 countries in all the five Continents. **We have given consultation and treatment to thousands of patients in these countries.** We have conducted hundreds of Workshops and Seminars on Ayurveda in these countries. Apart from India, we gave several TV interviews in Countries like Germany, Italy, Greece, Romania, and Brazil. Our 155 books and e books on Ayurveda and Yoga have been published. These books have been translated in 13 foreign languages. We have participated in several International Ayurveda Conferences in Countries like Brazil, Dubai, Holland, Indonesia, Italy, Japan, Malaysia, Portugal, UK. –Brief Report.)

## **Europe -**

### **Germany -**

We were first invited to give lectures on Ayurveda in 1982 in West Germany, by Sterimed GmbH Company in Saarbrucken. Between 1982 to 1994 we gave lectures in several Heilpraktikers School and various other National Conferences held in Germany like Heilpraktikers Conferences (May 1982 and as well as in April 1993 “*Naurheiltag*”, in Berlin Medical Association (<http://www.aerztekammer-berlin.de>)). We have also visited University of Bremen for giving lectures on Ayurveda. From 1994, we started teaching Ayurveda at Seva Akademie, Munich, Germany (<http://www.seva-ayurveda.de>) and we continued this work till late 2011. Between these periods we have trained more than 600 Heilpraktikers (Naturopathic Doctors). During this period one of our bestseller book was published – ‘Ayurveda wesen und methodic’ by Haug Verlag, Heidelberg. Later on few more books were published in German Language – ‘Ayurveda Basislehrbuch’ Co-Author, Christian Hosius and Jurgen Heckman, by

Urban und Fischer, Munich; ‘Ayurveda die Wissenschaft vom langen Leben’, Co – Author, Prof. Norbert Lotz, by First Verlag, Frankfurt.

**Till today we have visited Germany over fifty times for propagation of Ayurveda.** During one of these visits in the early period of 1982, on way to Germany via Kairo, we also visited **Pakistan (Karachi).**

### **Italy -**

We started working at, International Association of Ayurveda and Naturopathy (IAAN) in Villa Era from Oct. 1983 to 1990. This Institution had organized three International conferences- **First World Congress Holistic Approach Health for All’** at Republic of **San Marino** in 1985. **Second was in Villa Era in 1989 and the third was in Bangalore, India in 1991.** As the curtain raiser of the first conference in Italy, we gave interview on Italia Sera, on RAI Uno, National Italian Television Channel. (<http://www.yoga.org.mk/WFHHS/congresses/INDEX.HTM>). At the same time also worked with CILUS –*Centro International Lavori Umano Sociale* ([www.acronymfinder.com/Centro-Internazionale-Lavori-Umano-Sociali](http://www.acronymfinder.com/Centro-Internazionale-Lavori-Umano-Sociali)), Narni from 1987 to 1989. Later on we started working at Charysat Global Health in Varase from 1991 to 1993 and then with Ateneo Veda Vyasa or Gitanand Ashram in Altare, Savona (<http://www.ashramgita.com/en/index.html>), from 1994 to 1998 and Manassero foundation, Verona. After that we worked with SKAyurveda in Milano from 1998 to 2005 (<http://www.ayurveda-ska.info/home/en>). Our first book in Italian language ‘Cure Ayurvediche’ was published in 1989 later on ‘Tratato di medicina Ayurvedica’ and ‘Guarire Con La Terapia Dei Marma’ was published by Punto di Incontro, Vicenza, in 1995 and 2008. **Till today we have visited Italy more than 30 times.**

### **France –**

From 1985 we worked with Prof. Dr. Buschhaus of GEK Institute. His main Institute was in Offenburg (Germany) but had branches in Les Rayeux, Fraize and Les Granges, Anould in France. Our book ‘Ayurveda et Marmatherapie’ has been published in French language in 2008. Also visited **Monaco, Belgium and Nice.**

### **USA –**

We started visiting United States from 1986 and gave lectures at several Institutes like- Dhanvantari Center for Study of Traditional Asian Medicine, Santa Cruz (1986), Institute of Holistic Education, Wilmot (1987), World Research Foundation (1990), American Institute of Vedic Studies, Santa Fe, N.M. (1993), New England Institute of Ayurvedic Medicine, Boston (1995 to 1997), California College of Ayurveda, Grass Valley (1996 to 1999), American Institute of Ayurveda, Houston, Foster City (2000 to 2003), Ayu, Seattle (2003 to 2006), Kerala Ayurveda Academy, Foster city, Los Angeles, Toronto, Seattle (2006 to 2011). We gave TV interview in Foster city on Ayurveda in 2002.

### **International Academy of Ayurved-**

In 1996 we established this Institution in Pune for propagation of Ayurveda in India and Abroad. (Please see the details)

#### **Austria –**

In June 2003 International Academy of Ayurveda and Bergler School of Massage (<https://www.bergler.at>) Graz, Austria, signed MOU for exchange of Ayurvedic Physicians and conducting one year Ayurvedic massage course. Dr. Sunanda Ranade was in charge of this program. We both visited this Institute in Graz several times in between 2003 to 2005. Dieter Scholz worked as coordinator for this program.

#### **Poland –**

In the year 1996, IAA signed MOU with ‘*Osrodec Pomocy Zwodoriu*’ – Foundation for health- in Warszawa for propagation of Ayurveda. As per this MOU, between 1996 to 2000 IAA had deputed 18 physicians to Warszawa on three months rotation to work at this Institute. We visited Poland Five times for giving consultations to the patients and for teaching. We also visited **Zakopane** famous ski resort in Poland. We gave TV interview on Polsat 2, National TV channel in Poland and also talked about Ayurveda on the local Radio Channel. Our book ‘*Ayurveda Nauka o dlugim zyciu*’ (Co-author, Prof. Norbert Lotz, has been published in Polish language.

#### **Greece -**

In April 2002 we were invited by Dr. Fontoulis, in **Athens** for two workshops on Ayurveda at his Ultimate Health Centre. We both gave Television Interview on Local TV channel on How to maintain Health.

IAA has affiliated centre in Athens by John Giannisis in Athens.

### **Spain –**

International School of Ayurvedic Culture-*Escuela Internacional de la Cultura Ayurveda* - in Barcelona is affiliated to IAA. Dr. Angela Sanz is the president and Nazuna Yeo is the secretary of this Institute ([www.escueladeayurveda.com](http://www.escueladeayurveda.com)). We visited this Ayurvedic Institute in June 2002, March 2003 and Nov. 2005. We worked as visiting Professors for teaching Ayurveda for their three years certificate course. In the year 2006, we visited University of Salamanca with Dr. Jose Rugue and Prof. Tino for one day Seminar on Ayurveda. Two of our books have been published in Spanish Language -1. ‘Masaje Ayurvedico’ and 2. ‘Cocina Ayurveda Tradicional de la India’ – Dr. Sunanda Ranade. We also **Visited Island of Mallorca** for developing another Ayurveda project.

### **Swiss –**

We first visited Basel, Swiss on the invitation of Mandala Institute in April 1986. Since then we have visited several centers in Zurich, Bern, Geneva, ARC in Walzenhausen many times. In 1999, we conducted two seminars at Body-Mind Health center in Zurich and gave consultations to the patients. Susanne Godli is organizing this center. Subsequently this center was affiliated to IAA. We also visited the smallest country in Europe known as **Liechtenstein** in 2008 and visited Davos with Prof. Norbert Lotz and Christina. IAA had deputed many physicians to this center.

### **Hungary -**

We were invited by the Hungarian Ayurveda Medical Foundation in **Budapest** in October 2005. This Institution is founded by Mr. Istavan Riesz. ([www.ayurveda.hu](http://www.ayurveda.hu)). Institute has also another activity of importing Ayurvedic Medicine by their company Garuda Trade. (<http://www.datanet.hu/garuda->

[trade/e\\_garuda.htm](#)). In 2009 we were again invited in Budapest for launching of our book in Hungarian language –‘AYURVEDA es a wellness.’

### **Israel -**

IAA signed MOU with Israeli Center of Ayurveda in Broshim Campus, Tel Aviv University on Feb. 2007. The project started working from October 2007 under the guidance of Dr. Eran Magon. We were invited for the graduation ceremony of the three year certificate course by University of Tel Aviv, which was held in December 2009. IAA deputed 17 physicians to teach Ayurveda at ICA. We visited Israel four times. We participated in National Seminar on Ayurveda in Tel Aviv. After attending this seminar, we visited **Jordon (Amman) and Egypt (Cairo) and Turkey (Istanbul).**

### **Czechoslovakia -**

In 2009 we **visited Prague** and also gave lecture at Centre for Veda Research. Mr. Pavan Jumar is the founder, director of this Institute. Our book- ‘ Marmova Terapie a Ayurveda’ has been published in Czech language in 2010

### **Portugal –**

We have visited Lisbon and Porto in 2006. We also participated in 7 th World Conference on Alternative Medicine in Lisbon in 2011 and for attending National conference on Ayurveda in Sintra in 2015. In the year 2016, IAA signed MOU with ‘Associacao Portuguesa de Medicina Ayurveda,’ Lisbon, Portugal. Joaquim Jorge is the founder President of the Association. As per this MOU, International Academy of Ayurveda will provide assistance to their Ayurveda course by way of exchange of teachers and for helping them to organize National and International Seminars. Our two books ‘Ayurvedic physiology’ and ‘Concept of Pathology in Ayurveda’ have been published in Portuguese language’. We visited **Porto** and **Azores Islands** also.

### **Romania -**

We visited **Bucharest** on the invitation of famous lawyer and our student, Daniela Fenick and her nuclear scientist husband Prof. Dr. Catalin Stan-Sion in May 2014. First we conducted one day seminar in the city and next week our seminar was organized in ‘National Institute for Physics and Nuclear Engineering, Horia

Hulubai' - (*Institutul National de Fizica si Inginerie Nucleara Horia Hulubai* ) for nuclear scientists. We gave interview on various topics of Ayurveda on National TV station B1 in the popular program called as 360 degrees. This interview is available on U Tube -[https://www.youtube.com/watch?v=x4nF\\_i-soEQ&feature=youtube](https://www.youtube.com/watch?v=x4nF_i-soEQ&feature=youtube)

The project to understand the difference between physical structure of normal metallic oxides and Ayurvedic purified metallic oxides is under way with the help of Prof. Dr. Catalin Stan-Sion.

## **Holland –**

We visited MERU –Maharishi European Research University, in 2013, 2014 and again in 2015. This is the European HQ of Maharishi Foundation in Europe. Dr. Girish Momaya is the treasurer of International Maharishi AyurVeda and also head of all activities in MERU.

International Maharishi AyurVeda Foundation, International Academy of Ayurved, Pune and All India Ayurvedic Congress, Delhi had organized First International Ayurveda Conference' (IAVC) in April 11 and 12 /2015 conference in Roermond. Dr. Tony Nadar (Maharaja) was Patron of the congress. Dr. Rainer Picha, Prof. Ranade Subhash and Vaidya Triguna were Presidents and Dr. Sunanda Ranade was Vice-President of the conference. The theme was 'Ayurveda for Global Health.' This was the biggest Ayurveda Conference held in Europe so far. After the conference we gave TV interview on Ayurveda for Maharishi Ayurveda Channel. More than 500 delegates from 49 countries attended the Conference. After the conference we visited **Amsterdam and Brussels.**

## **UK-**

We visited UK in October 1998, June 1999 and later on in 2012. In the year 2012, we also visited **Scotland and Ireland.** International Maharishi AyurVeda Foundation, International Academy of Ayurveda, Pune and All India Ayurvedic Congress, Delhi; organized Second International Ayurveda Congress In April 2017. The theme of the congress was-Ayurveda in Pursuit of Health, Happiness and Long life. ([www.internationalayurvedacongress.com](http://www.internationalayurvedacongress.com)). Dr. Tony Nadar (Maharaja) was Patron of the congress. Dr. Rainer Picha, Prof. Ranade Subhash and Vaidya Triguna were the Presidents and Dr. Sunanda Ranade was Vice-President of the congress.

## **Serbia and Slovakia –**

After the conference in Roermond, in 2015, we visited both these countries. First we went to **Belgrade** (Capital of Serbia) and later on to **Bratislava** (Capital of Slovakia).

We gave lectures on the invitation of DXN Europe in various nearby countries like Hungary (Budapest), Germany (Munich) and Italy (Milano) also.

## **Gulf Countries -**

### **United Arab Emirates –**

International Academy of Ayurved organized two conferences in **Dubai**. First was in Sept. 22/ 23 in 2011 at Hotel Dhow Palace, Dubai. In this conference Dr. Sunanda Ranade was given ‘Life Time Achievement’ Award. We were also invited at **Ajman** in Gulf Medical University. We had discussion with Dr. Thumbay, Vice-Chancellor of the University for the Collaboration with GMU. We visited **Abu Dhabi and other UAE states**. Second conference in Dubai was organized in 2014. In this conference Prof. Dr. Gunvant Yeola was given Award of Excellence. In May 2017, we were invited to participate in **Ayurveda Conference & Expo – MAICE at Sharjah**. This was organized by Emirates Ayurveda Graduates Association of Dubai.

## **South East Asian Countries –**

### **Sri Lanka -**

We visited this beautiful green country in 1981 for the first time with students of Tilak Ayurveda College in Pune. Later on in 2011, we again visited this country for promotion of ‘World Conference Ayu 2012’ which was organized by IAA with BGA in Pune. During this time, we visited both Ayurveda colleges-Govt. Ayurveda College in Colombo and Gampaha Vikramarachchi Ayurveda Institute.

### **Indonesia, Thailand –**

We participated in second ICTAM ‘International Conference on Study of Traditional Medicine’ conference at **Surabaya** –Indonesia in 1984 and later on

visited **Thailand**. After the conference we visited **Jakarta, Bali and Bangkok** and studied traditional medical systems in these countries.

### **Singapore-**

From 1984 we visited Singapore several times. Ayuryoga clinic of Ayurveda is an IAA affiliated center, organized by Vaidya Mani. In Singapore Ayurveda is legally recognized therapy.

### **Japan –**

In the year 1992, we have established Ayurveda International Diffusing Association (AIDA) for propagation of Ayurveda in Japan. The main centre is in Hiroshima. IAA had deputed two physicians to work in this centre. Our two books- ‘Ayurvedic Panchkarma’ and ‘Ayurveda and Marma Therapy’ have been published in Japanese language. We have visited Japan three times for propagation of Ayurveda, in 1992 (Tokyo and Osaka), in 1994 (ICTAM conference in Tokyo) and in 1997 (Hokkaido, Hiroshima, Tokyo and Nara). On our way back to USA from Japan, we visited **Hawaii islands**. In 2002 we visited **Seoul in South Korea**.

### **Malaysia –**

International Academy of Ayurveda had organized 6th International Conference on Ayurved and Complementary System of Medicine in **Penang** in the year 2012. Main Sponsors were DXN Malaysia. Eighty Ayurvedic practitioners attended the conference. Prof. Norbert Lotz was given ‘Life Time Achievement Award’ in this conference. During this tour we visited **Kuala Lumpur and Putra Jaya**. In the year 2010, we visited **Vietnam and Cambodia** to explore the possibilities of Ayurveda propagation in these countries.

### **Mauritius –**

Ved Holistic Care Center Ltd. is affiliated to IAA. The founder director is Raj Beedasy. MOU with this Institute was signed on 2016. The Institute conducts courses on Ayurveda. We have visited Mauritius on our way to **South Africa and**



**Zimbabwe** in March 2001 ([www.ayurvedicmassagemauritius.com](http://www.ayurvedicmassagemauritius.com)). We also visited **Australia and New Zealand** in 2002.

### **Russia –**

After visiting **Scandinavian Countries (Sweden, Denmark, Finland and Norway)** we visited this country in 2007 for exploring the possibilities Ayurveda propagation. In Russia we visited Moscow, St. Petersburg, and Novgorod and later on also visited **Belarus** (White Russia). In 2017, IAA has signed MOU with NAMAR –National Ayurvedic Medical Association of Russia. Our book- ‘Ayurvedic Marma Therapy’ has been published in Russian language.

### **China –**

In 2008, we were invited to China to find out the possibilities of establishing the school of Acupuncture and Ayurveda. We visited **Beijing, Guilin, Xian and Shanghai.**

### **South American Countries –**

#### **Brazil -**

Since 2004, we are visiting Brazil to teach at various centers of Suddha Dharma Mandalam ([www.suddhadharma.net](http://www.suddhadharma.net)). Dr. Jose Ruge (*Swami Narayananand Saraswati*) is the founder president of this Institute. At present this Institute has established various sub-centres in different cities of Brazil like **Sao Paulo, Uberlandia, Florianopolis, Belo Horizonte, Rio de Janeiro, Recife, Natal, Brasilia, Goania, Curitiba, Paraty, Manaus, and Porto Alegre.** Since last 13 years we have taught Ayurveda for students learning 2 years course in all these centres. Shri Vajera Foundation has published our book ‘*Physiologica Ayurvedica*’ in Portuguese language. We also worked with Laura Pires, famous nutritionist in Rio de Janeiro. ‘Women’s Health and Disease and Baby Care in Ayurveda’ by Dr. Sunanda Ranade will also be published in Portuguese language soon. In 2008, we participated in ‘Yoga Pela Paz’ conference in Sao Paulo.

We gave TV interview about Ayurveda and health prevention during La Pela Paz conference in Sao Paulo in 2008.

### **Argentina –**

We were invited by Swami Maitreyanand and Mataji Laxmi Devi for conducting 2 days workshop in 2006 in their Institute of Federation Argentina Yoga in Buenos Aires ([www.federacionargentinadeyoga.org](http://www.federacionargentinadeyoga.org)). After our course, we went to visit Dr. Jorge Berra and delivered lecture at his Institute. Later on we also gave lecture at Shivananda Centre.

In 2008 we were invited by ‘*Fundacion de Salud -Ayurveda Prema*’, in Buenos Aires. This Institute has been founded by Dr. Jorge Berra and his wife Dr. Rosanna Berra. Dr. Berra is director of Post Graduate Course on Ayurvedic Medicine Instituto Univrsitario del Gran Rosario. ([www.medicinaayurveda.org](http://www.medicinaayurveda.org)). In 2010 we conducted 2 days workshops on Ayurveda and Marma Therapy and Dr. Sunanda conducted workshop on ‘Importance of food in pregnancy’. More than 120 Medical doctors attended this seminar. Later on we visited world famous touristic places like **Patagonia and Perito Moreno Glacier**.

### **Mexico –**

In 2008 we visited various cities in Mexico for giving lectures at different Yoga studio like Simha Yoga, Namaste Yoga and Yoga Espachio. We also conducted one day workshop on Ayurveda at Anthropology Department, University of Mexico. In the same year we visited **Peru** and famous **Machu Pichu** and later on visited **Panama, Costa Rica** –Central American countries.

### **Chile -**

In 2005 we were invited by ‘Manali Ayurveda’ of Loretto Munoz in **Santiago**. We both conducted Seminar on Ayurveda and received such good response that our activity was reported in the news paper ‘El Mercurio Santiago de Chile’ on July 27<sup>th</sup> / 2005

There is another IAA affiliated centre of Ayurveda in Chile -Loknath Ayuryoga - ‘Instituto Chileno de Ayurveda y Yoga Tradicional de India’ The founder director of this Institute is Vaidya Tonmoy Shome.

Ayurvastu is also the centre established by Prof. Vaidya Mauricio Leon in Santiago. ([www.ayurvastu.com](http://www.ayurvastu.com))

### **Colombia -**

In July 2009 we were invited by Mr. Samy (Vida Sana) for conducting two workshops in Bogota. During that time we had the opportunity to meet Dr. Sandra Galvis and her husband Dr. Ivan from Bogota. ([www.medicinayurveda.com](http://www.medicinayurveda.com)). Later on we participated in 3 days Ayurveda seminar only for Medical doctors from South America. This seminar was in **Villa de Levya**, an ancient town near Bogota. For this seminar many physicians from nearby countries like Ecuador, Chile, Brazil and Panama came. Dr. Robayo from Ecuador was one of them and after our seminar he immediately invited us to Quito in Ecuador. During this visit Dr. John Bastidas organized our two lectures in Medical Association of Bogota and then Dr. Sunanda was invited to University of Bogota for 2 hours seminar on Ayurveda and Cancer. We were again invited in Bogota in the year 2010 by Vida Sana. During this time we conducted workshops and gave consultations to the patients at the clinic of Dr. Sandra Galvis.

### **Ecuador -**

Dr. Gustavo Robayo invited us in Quito for 3 days seminar in July 2011. The seminar was attended by 45 delegates and it was very successful. After the conference we visited **Baltra islands** and **Galapagos Islands** which are famous for large turtles. Later on we visited **Salvador**.

### **North America -**

#### **Canada –**

In August 24<sup>th</sup> and 25<sup>th</sup> / 1993, Ayurveda International' Institute, Montreal, organized two days workshop on 'Perfect Health- The promise of Ayurveda.' Also visited Canada, in Sept. 2000 and for teaching on the invitation of Kerala Ayurveda teaching at Toronto in 2003.

Dr. Sunanda was invited by 'Center for Ayurveda and Indian Systems of Healing' in October 2008 in Toronto. She gave one day seminar on Women's Health and

disease. Ismat Nathani is founder director of this Institute in Toronto. IAA has now signed MOU with CAISH ([www.caishayurveda.org](http://www.caishayurveda.org)). We also have MOU with Shudha Dharma Mandal in Montreal. Domingo Oliveira is the director of this Institute and with Shanti Clinic in Rosemere, Quebec. Tanya Dakhno-Lakeev is the director of this Institute. (<http://www.shanticlinic.com>)

### **North America-**

We both also visited Kauai islands of Hawaii for teaching Ayurveda classes in 2005. We were invited by Maharishi University of Management at Iowa, Fairfield in 2014. We were special guests for their graduation ceremony.

Dancing Shiva Yoga and Ayurveda School – This is in Los Angeles (2011 to 2014). We both received ‘**Life Time Achievement Award**’ at the ‘Spirit and Nature Conference’ held by this Institute at Ojai, California.

AAPNA – Association of Ayurvedic Professionals in North America, has been founded by Dr. Shekhar Annambhotla. **The Institute has given International Dhanvantari Award for Prof. Subhash Ranade.**

This Institute organizes National and International Seminars for Ayurvedic Graduates. ([www.aapna.org](http://www.aapna.org)). **Dr. Sunanda received ‘International Vagbhat Award’ for best teaching at AAPNA conference held at Los Angeles in Sept 2012.**

Lotus Press, USA has published our three books –Ayurveda Nature’s Healing, Ayurveda and Marma Therapy and Ayurvedic Massage Therapy.